



RGUHS- JeevaRaksha



ANNUAL REPORT

2022-23





Table of Contents

1

ABOUT RGUHS- JEEVARAKSHA

2

MISSION & OBJECTIVES

3

PROGRAMMES IN
RGUHS-JEEVARAKSHA

4

GLOBAL REVERBERATION

5

BHUTAN TRAINING

6

RASTHA

7

BIKEATHON

8

FINANCES & HR
STATISTICS

9

OUR TEAM

10

MEDIA WALL

ABOUT US



In India, emergency medical care has until recently been a neglected area of expertise. In emergency care, loss of life means loss of trust in healthcare system.

In recent times, emergency transport through 108 ambulance service has been scaled up rapidly. However, there has not been a commensurate improvement in skills of health care providers and public safety professional and citizen volunteers in emergency life support skills. This unmet need is barely met by a few institutions which either teach curricula developed in western countries that are expensive, specialty focus and often not reflective of Indian needs, or curriculum developed locally which are not standardized and accredited by statutory bodies.

To address this gap, in June 2014, JeevaRaksha program was initiated collaboratively by Karnataka State Health University - Rajiv Gandhi University of Health Sciences (RGUHS), & Swami Vivekananda Youth Movement, Mysuru as a special purpose vehicle to rapidly scale up the program across Karnataka and India while maintaining the highest standards of quality education, research and training. By providing comprehensive training across multiple disciplines, JeevaRaksha ensures that individuals are equipped with a diverse skill set to handle emergencies in different scenarios.

JeevaRaksha's impact reaches far beyond the training room. By nurturing a community of well-trained individuals, the trust actively contributes to enhancing public safety and well-being. Graduates of JeevaRaksha's programs are equipped with the skills and confidence to make a real difference in critical situations, potentially saving lives and minimizing the impact of emergencies. Through their dedication to education and empowerment, JeevaRaksha serves as a beacon of hope and support, fostering a society where individuals are prepared to respond effectively in times of crisis.

With a strong focus on Basic Cardiac Life Support (BCLS), Emergency Care and Life Support (ECLS), and Trauma Care Life Support (TCLS), JeevaRaksha plays a vital role in empowering individuals with the knowledge and techniques needed to respond effectively in critical situations. Through their courses, the trust equips participants with the ability to handle cardiac emergencies, administer CPR, and manage trauma cases, making them invaluable assets in emergency situations.



MISSION



At RGUHS-JeevaRaksha , our mission is to empower individuals and communities across India with life-saving emergency skills, ensuring that every person has the knowledge and confidence to act swiftly and effectively during critical situations. We are committed to providing comprehensive and accessible training programs that save lives and foster a culture of preparedness.



Our trust strives to equip individuals with the necessary skills, knowledge, and resources to respond to medical emergencies, accidents, and disasters. Through expert training, practical simulations, and innovative educational tools, we aim to enhance the capacity of individuals to provide timely and effective assistance in emergency situations.



We prioritize inclusivity and reach out to diverse communities, targeting individuals from all backgrounds, including healthcare professionals, first responders, community leaders, and the general public. By removing barriers to training and embracing culturally sensitive approaches, we ensure that life-saving skills are accessible to everyone, regardless of their socio-economic status or geographical location.



In addition to training, we actively collaborate with local organizations, government agencies, and healthcare institutions to establish a robust network of emergency response services. We advocate for policy reforms and community initiatives that prioritize emergency preparedness, aiming to create a safer and more resilient society.

Through continuous innovation, research, and evaluation, RGUHS-JeevaRaksha remains at the forefront of emergency skills training, adapting to emerging challenges and advancing best practices. We are dedicated to empowering individuals to become confident, competent, and compassionate responders, ultimately saving lives and reducing the impact of emergencies in India.

JeevaRaksha
Saving Lives, Assuring Care



Skill transfer through 'scenario training'



Courses are devised based on the need of doctors/nurses



Comprehensive curriculum covering all emergencies



Highly cost effective compared to foreign courses



Training modalities & adjuncts used are low cost yet extremely effective



Scene safety, communication skills & conflict resolution

OBJECTIVES



EDUCATION & TRAINING

The immediate goal is to assure scale up of "JeevaRaksha" as a 'Karnataka Model' within Karnataka, rest of India and also in other developing and underdeveloped nations in the world.

Courses conducted under JeevaRaksha

- BCLS (Basic Cardiac Life Support)
- c-ECLS (Emergency Cardiac Life Support)
- ENLS (Emergency Nursing Life Support)
- TCLS (Trauma Care & Life Support)
- OCLS (Obstetric Emergency Care & Life Support)
- HCLS (Hospital Emergency Care & Life Support)



RESEARCH & DEVELOPMENT

- Undertake Research continually to establish evidence-based standards of practice for Emergency Care and Training and other related subjects
- Push the boundaries in setting the gold standard for emergency training in India



RELIEF ACTIVITY

- To undertake relief work for person/people affected by calamities and also support any other institutions or trust or society engaged in relief and rehabilitation activities.



Trained Individuals



- Providers: 2867
- Instructors: 586

C-ECLS

The Emergency Cardiac Life Support (ECLS) program is a comprehensive training initiative designed to equip healthcare professionals and first responders with the necessary skills and knowledge to effectively respond to emergencies. ECLS focuses on the prompt delivery of life-saving interventions, including cardiopulmonary resuscitation (CPR), defibrillation, and cardiac emergency protocols, Pediatric and obstetric emergencies. By preparing participants to act swiftly and confidently, ECLS plays a critical role in improving outcomes for individuals experiencing cardiac arrest or other emergencies.

Course Objectives:

1. **Develop Proficiency in CPR Techniques:** One of the primary objectives of the ECLS program is to enable participants to perform high-quality CPR. Through hands-on training, participants will learn the correct techniques for chest compressions, rescue breaths, and maintaining adequate circulation.
2. **Promote Teamwork and Communication:** The course emphasizes the importance of effective communication and teamwork during emergencies. The training will focus on effective communication strategies, decision-making skills, and leadership qualities to facilitate successful emergency responses.
3. **Acquire Knowledge of Cardiac Emergencies :** The ECLS program aims to equip participants with an understanding of emergency cardiac protocols. Participants will learn about the recognition and treatment of common cardiac arrhythmias, the administration of medications, airway management techniques, and the importance of effective communication and teamwork during resuscitation efforts.
4. **Foster Confidence and Preparedness:** An essential objective of the ECLS program is to instill participants with the confidence and preparedness to handle emergencies. Through scenario-based simulations and practical exercises, participants will develop their decision-making skills, and the ability to remain calm and composed in high-pressure situations. The course aims to empower participants to respond effectively, thus increasing the likelihood of positive patient outcomes.

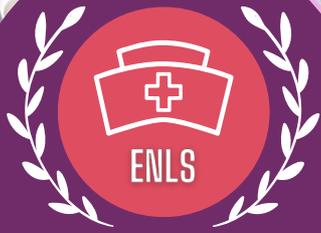


"I wanted to save lives, I became a doctor, then realized I am not enough so I became a medical educator, then JeevaRaksha came along and turned that into reality."

-Dr Yogesh D, State Co-Ordinator,
c-ECLS



Trained Individuals



- Providers: 276
- Instructors: 179

ENLS

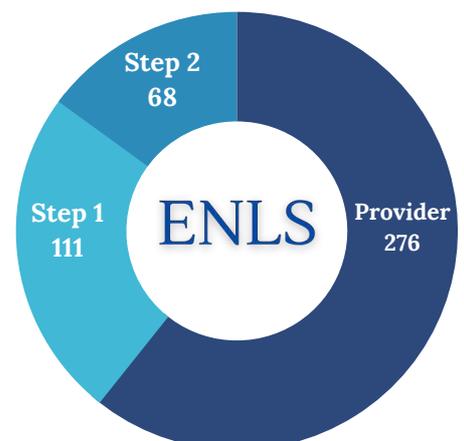
In India, nurses play a critical role in providing emergency care and support to patients during critical situations. To enhance their skills and knowledge in emergency nursing care, a specialized training program called the Emergency Nursing Care and Life Support Course has been developed. This comprehensive course aims to equip nurses with the necessary competencies to provide efficient and effective care in emergency settings, ensuring optimal patient outcomes and promoting professional excellence in emergency nursing.

Course Objectives:

1. **Enhance Clinical Competence:** The course focuses on enhancing the clinical competence of nurses in emergency nursing care. Participants will acquire advanced knowledge and skills in triage, rapid assessment, and stabilization techniques, ensuring the provision of timely and appropriate care to critically ill or injured patients.
2. **Develop Life-Saving Skills:** Nurses will learn and refine essential life-saving skills, including cardiac care, paediatric care, and trauma management. These skills are vital for managing cardiac emergencies, pediatric emergencies, and traumatic injuries effectively, enabling nurses to respond with confidence and expertise.
3. **Strengthen Critical Thinking & Decision-Making:** The training program emphasizes the development of critical thinking and decision-making abilities in emergency situations. Nurses will learn to quickly assess complex scenarios, interpret diagnostic findings, and make rapid, evidence-based decisions to optimize patient care outcomes.
4. **Enhance Communication and Teamwork:** Effective communication and teamwork are crucial elements in emergency care.
5. **Promote Evidence-Based Practice:** The course will familiarize nurses with the latest evidence-based guidelines and best practices in emergency nursing care. Participants will gain the ability to critically appraise research findings, apply evidence-based interventions, and contribute to the advancement of emergency nursing through research and quality improvement initiatives.

"ENLS is one of its kind program which utilizes evidence based standard concepts like NEWS, protocol based approaches and different communication tools to train the nurses and nursing students to become efficient, skilled and above all a safe nurse. Hand on, Scenario based teaching methodology makes situations more relatable experience to the trainees and allow them critically think & respond to stabilize various emergencies."

-Mrs Gincy Joseph, State Co-Ordinator,
ENLS



Trained Individuals



- Providers: 3328
- Instructors: 202

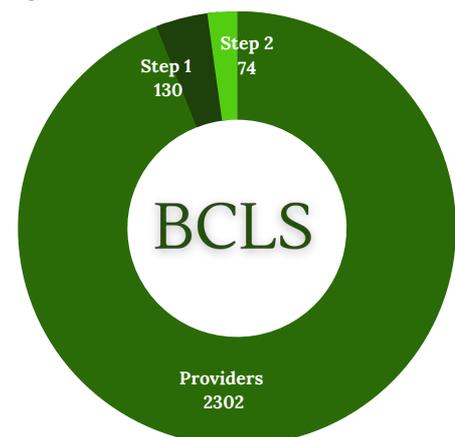
BCLS

In India, the ability to provide immediate and effective emergency care can mean the difference between life and death. However, many individuals lack the necessary knowledge and skills to respond to emergencies confidently. To address this critical gap, a Basic Emergency Care and Life Support Course has been designed specifically for common people in India. This comprehensive training program aims to equip participants with the essential skills and knowledge required to provide immediate assistance in emergency situations, ultimately saving lives and promoting community resilience.

Course Objectives:

- **Enhance Preparedness:** The course focuses on building preparedness by educating participants about various emergency situations, including medical emergencies, accidents, and natural disasters. Participants will gain a solid understanding of potential hazards, risk assessment, and the importance of quick response and timely intervention.
- **Develop Life-Saving Skills:** Participants will learn essential life-saving techniques, such as cardiopulmonary resuscitation (CPR), basic first aid, wound management, choking relief, and handling fractures or sprains. By mastering these skills, participants can intervene effectively until professional medical help arrives, significantly improving survival rates and minimizing complications.

- **Promote Teamwork and Communication:** The course emphasizes the importance of effective communication and teamwork during emergencies. Participants will learn how to coordinate with bystanders, emergency services, and healthcare professionals to ensure seamless and efficient care delivery. The training will focus on effective communication strategies, decision-making skills, and leadership qualities to facilitate successful emergency responses.
- **Create Community Resilience:** By training common people in emergency care and life support, the course seeks to create a network of informed and proactive individuals who can contribute to building community resilience. Participants will be encouraged to share their knowledge and skills within their families, workplaces, and local communities, spreading awareness and helping others become better prepared for emergencies.



CJEE 2022

JeevaRaksha Trust held its quarterly Continued JeevaRaksha Emergency Education (CJEE) program in Bangalore in 2022 at the prestigious Bangalore Medical College and Research Centre. The program aimed to enhance knowledge and skills in emergency medicine through various activities and presentations.

The event featured a moulage on an emergency scenario, where realistic simulations were used to recreate emergency situations. These simulations provided participants with insight into emergency scenarios enabling them to develop essential skills in managing critical situations. Distinguished experts and stalwarts in the field of emergency medicine and medical simulation were invited to deliver talks and share their expertise. These sessions covered a wide range of topics, including the latest advancements in emergency medicine, innovative approaches to patient care, and effective communication strategies in high-pressure situations. Attendees gained valuable insights and learned from the experiences of these renowned professionals. As part of the event, an award ceremony recognized and appreciated individuals who had made significant contributions to JeevaRaksha Trust and its mission. These awards celebrated the achievement of various individuals and served as a motivation for professionals to continue their dedicated efforts towards saving lives.

Furthermore, the event provided updates on the activities of the JeevaRaksha Trust. Attendees were informed about the latest initiatives, projects, and collaborations undertaken by the trust to promote emergency medical education and improve patient care. These updates showcased the progress and impact of the trust's work, inspiring participants to further support and contribute to the cause of saving lives through JeevaRaksha.

Continued JeevaRaksha Emergency Education (CJEE) 2022 proved to be a highly informative and engaging event. Through the moulage, expert talks, award ceremony, and trust updates, participants gained valuable knowledge, practical skills, and inspiration to continue their efforts in the field of emergency medicine, ultimately leading to improved patient care and outcomes.



Young minds crave for challenge and innovation! Wise ones choose facts!

CJEE is our attempt to nurture this and spread the joy of learning

-Dr Haripriya, Program Director

JRT

Watch the event
on YouTube





**CONTINUED JEEVARAKSHA EMERGENCY
EDUCATION PROGRAM
25TH MARCH 2023**

Watch the event
on YouTube



CJEE 2023, BGS

- Pre-Hospital Management of Major Incidents
- Capacity building in ER for Major Incidents

Presentations



Simulation



Trauma in Pregnancy



Panel Discussion



Simulation in health care: Council recommendations & 'The Way Forward'

PANELISTS

Dr. (Flt Lt) M A Balasubramanya
Advisor- to MoHFW, GOI

Dr.V N Mahalakshmi
Dean- Health Professions Education
AVMC&H Campus, Pondicherry

Dr. Lulu sherif
Professor, Dept of Anesthesiology, FMMC,
Mangalore

Dr. Archana S
Director, Simulation Centre, JSS

Dr. Ghanta Sunil
Principal, GSL Dental College, Rajamundry

Mr. Rakesh Chavan
Marketing Manager, Laerdal

Ms. Angelin Esther
Simulation Faculty of Nursing
CMC Vellore

MODERATOR

Dr. Ram K Nair
Senior Consultant, Emergency Medicine

- Hybrid mode event. Attended by 200+ participants online and 50+ offline.
- Included a fun quiz on trauma
- JeevaRaksha Instructor Conclave was held
- Updates on JR initiatives presented &
- Feedback from instructors taken



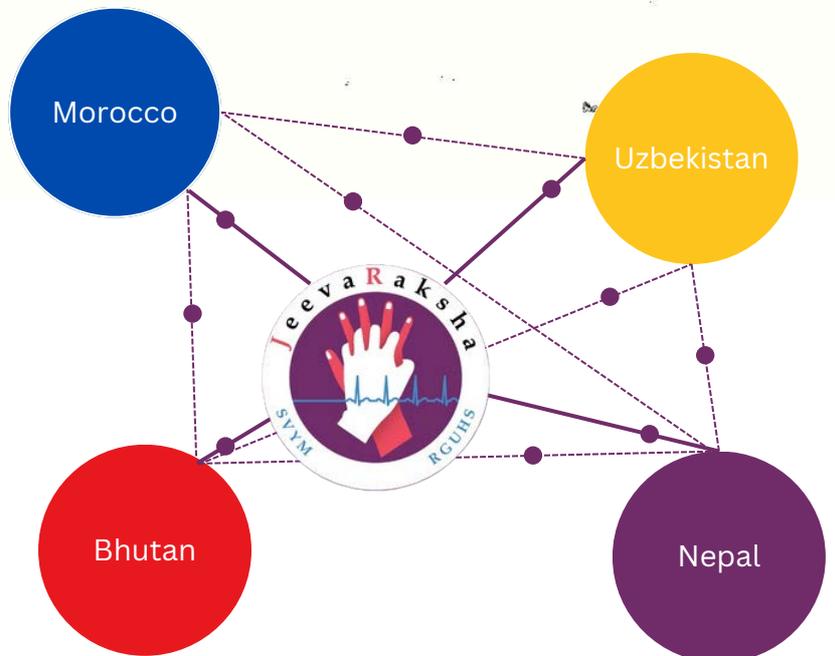
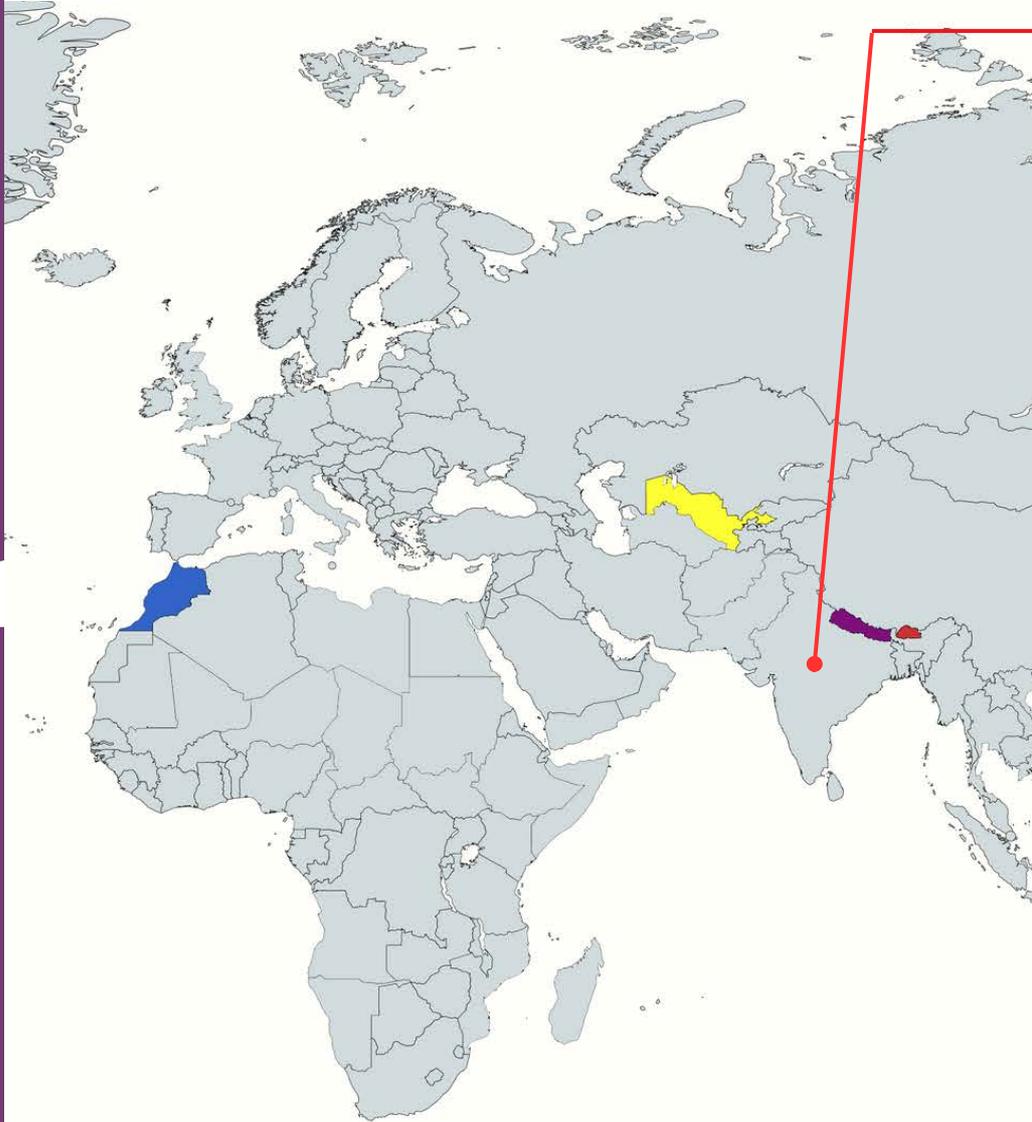
Laerdal
helping save lives

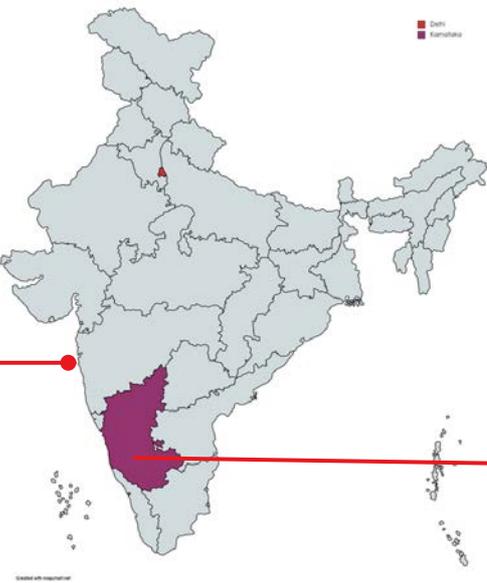
GLOBAL REVERBERATION

Recognizing the importance of providing essential life-saving skills to individuals in regions where healthcare resources may be limited, the instructors at JeevaRaksha have strategically focused on expanding its presence in these countries. By conducting BCLS training, JeevaRaksha equips healthcare professionals, first responders, and community members with the knowledge and skills necessary to respond effectively to cardiac emergencies.

JeevaRaksha's BCLS training focuses on teaching participants essential life support techniques, including cardiopulmonary resuscitation (CPR), early recognition of cardiac emergencies, and the use of automated external defibrillators (AEDs). These skills empower individuals to take immediate action during critical moments, significantly increasing the chances of survival for cardiac arrest patients.

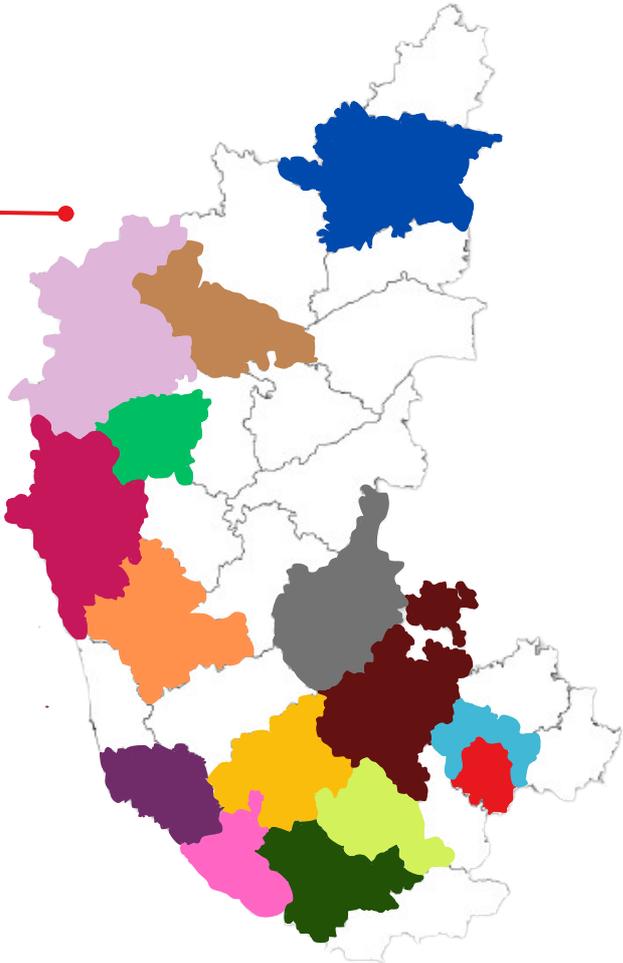
Through our efforts, the instructors at JeevaRaksha have successfully made a global impact in enhancing emergency cardiac care in underdeveloped and developing nations. By expanding its reach and organizing BCLS training programs in countries like Uzbekistan, Morocco, Nepal, Bhutan, and beyond, JeevaRaksha is empowering individuals and communities to save lives and build a healthier future for all.





Having successfully reached the national capital, Delhi, we consider it a significant milestone and a promising starting step towards our pan India approach.

Our mission to save lives has taken us far and wide across the beautiful state of Karnataka. We are proud to announce that we have successfully expanded our presence to 15 cities within the region. Our dedicated team of healthcare professionals and volunteers have tirelessly worked to provide essential medical assistance and emergency services to communities in need and we strive to make a positive impact in the lives of individuals and families across Karnataka. We are committed to extending our services to every corner of the state, ensuring that prompt and quality healthcare is accessible to all.



DAKSHINA KANNADA



BENGALURU



MYSURU



KODAGU



MANDYA



HASSAN



CHITRADURGA



BELGAUM



KALABURAGI



UTTARA KANNADA



BAGALKOT



SHIVMOGA



TUMKUR



DHARWAD



BHUTAN TRAINING

Committed to promoting emergency care and life support, JeevaRaksha trainers had the opportunity to conduct comprehensive emergency care courses in Khesar Gyalpo University of Medical Sciences, Bhutan. These courses are designed to meet the needs of both commoners and doctors, ensuring that individuals across Bhutan receive quality training in emergency care and life support. With its expertise and experience, instructors from RGUHS-JeevaRaksha had an opportunity to empower Bhutanese individuals and healthcare professionals with essential life-saving skills.

Basic Emergency Care and Life Support Courses for Commoners: (BCLS) The basic emergency care courses conducted by JeevaRaksha Trust aim to empower commoners in Bhutan with fundamental knowledge and skills to respond effectively in emergency situations. These courses cover a wide range of topics, including basic first aid, cardiopulmonary resuscitation (CPR), choking relief, wound management, and accident prevention. Participants will learn how to assess emergencies, provide immediate assistance, and stabilize patients until professional help arrives.



Advanced Emergency Care Courses for Doctors- comprehensive Emergency Care and Life Support (c-ECLS):

An advanced emergency care courses tailored specifically for doctors. These courses are designed to enhance the knowledge, skills, and decision-making abilities of medical professionals in Bhutan, equipping them with the expertise to handle complex emergency cases.

Through in-depth theoretical discussions, case-based studies, and hands-on simulations, doctors will develop proficiency in critical emergency interventions, effective team coordination, and evidence-based decision-making. The courses will foster leadership qualities, enhance communication skills, and promote interdisciplinary collaboration among doctors and other healthcare professionals in emergency care settings.

Emergency Care Courses for nurses -Emergency Nursing Care and Life Support (ENLS):

To enhance their skills and knowledge in emergency nursing care, a specialized life support skill education program called the Emergency Nursing Care and Life Support Course has been developed. This comprehensive course aims to equip nurses with the necessary competencies to provide efficient and effective care in emergency settings, ensuring optimal patient outcomes and promoting professional excellence in emergency nursing.



Impact of training by JeevaRaksha instructors in Khesar Gyalpo University of Medical Sciences in Bhutan:

1. Enhanced Emergency Care Skills: The collaboration has significantly improved emergency care skills among commoners, doctors, and nurses in Bhutan. By offering basic and advanced emergency care courses, participants have gained essential life-saving skills, including first aid, CPR, wound management, and critical interventions. This has led to a substantial increase in the number of individuals capable of responding effectively in emergency situations.

2. Creating a pool of trained life savers: With this life saving skill education program there are larger number of trained individuals equipped with the knowledge and skills to handle emergencies. Quick and appropriate response to emergencies, especially in remote areas, has saved many lives and prevented severe complications for patients before they reach professional medical care.



3. Strengthened Emergency Healthcare System: The collaboration has contributed to strengthening Bhutan's emergency healthcare system. By empowering doctors and nurses with advanced emergency care courses, the capacity and preparedness of healthcare professionals have increased significantly. This has led to better coordination, streamlined emergency response, and improved patient outcomes across healthcare facilities in the country.

4. Interdisciplinary Collaboration: The comprehensive emergency care courses have fostered interdisciplinary collaboration among doctors, nurses, and other healthcare professionals. Through case-based studies and simulations, participants have learned the importance of effective team coordination and communication during emergency situations. This collaborative approach has improved the overall efficiency and quality of emergency care in Bhutan.



5. Empowerment of Rural Communities: The basic emergency care courses have had a significant impact on rural communities in Bhutan, where access to immediate medical assistance may be limited. Commoners trained in basic first aid and life support techniques have become valuable assets in their communities, playing a crucial role in providing initial care and stabilizing patients until professional help arrives. This empowerment has brought about a positive change in the overall health and safety of rural populations.

In conclusion, the collaboration has yielded profound results in promoting emergency care and life support throughout the nation. Moreover, the emphasis on interdisciplinary collaboration has fostered a seamless and efficient approach to emergency care, benefiting both urban and remote communities. By empowering individuals and healthcare professionals with life-saving skills and knowledge, this collaboration has made a lasting impact on the well-being and safety of Bhutanese citizens. The initiative stands as a testament to the power of partnerships in driving positive change in healthcare and emergency response systems.



RASTHA

(Rapid response, Assessment, Stabilisation and Safe Transport in Highway Accidents)

*A joint initiative by Department of Health and Family Welfare,
Government of Karnataka and RGUHS-JeevaRaksha Trust*

Saving Lives Assuring Care

Road traffic accidents in India, including the state of Karnataka, continue to be a significant concern, resulting in numerous injuries and fatalities. Recent statistics reveal that India accounts for one of the highest numbers of road traffic accident-related deaths globally, with Karnataka being one of the states heavily affected. The rise in population, inadequate road infrastructure, reckless driving, and insufficient implementation of traffic regulations contribute to the alarming situation.

However, a promising solution conceptualized by RGUHS & GOK is Project RASTHA inaugurated in March 2023 at SABVMC&RI, Bengaluru by Sri. T K Anil Kumar, IAS. Project RASTHA is an essential initiative that addresses the urgent need for a well-coordinated response to road traffic accidents. In India, the lack of immediate medical assistance at accident sites often leads to preventable deaths and worsens the severity of injuries. The implementation of Project RASTHA aims to bridge this crucial gap by training a team of Trauma First Responders who possess the necessary skills to provide timely and effective medical aid. These responders will be equipped with the knowledge to assess and stabilize patients, administer life-saving interventions, and facilitate their safe transfer to hospitals. By reducing the response time and ensuring prompt medical attention, Project RASTHA has the potential to significantly decrease mortality rates and minimize the long-term impact of road traffic accidents on individuals, families, and society as a whole. Additionally, this initiative promotes a culture of safety, raising awareness about responsible driving practices and emphasizing the importance of road safety education.

Project Rastha is a groundbreaking initiative that adopts a multidisciplinary approach to improve emergency medical response in communities. Going beyond training just doctors and nurses, this comprehensive program recognizes the vital role played by first responders, including police officers, ambulance personnel, and fire service personnel, in ensuring prompt and effective emergency care. By equipping these diverse professionals with the necessary skills and knowledge, Project Rastha creates a network of well-prepared and coordinated responders who work seamlessly together to provide life-saving interventions during critical situations. This multidisciplinary training approach fosters collaboration, enhances communication, and ultimately leads to a more efficient and integrated emergency medical response system, benefiting the entire community.

With Project RASTHA, we can create a safer environment on the roads of India and Karnataka, ultimately saving countless lives and improving the overall well-being of communities. Project RASTHA aims at training 160 First Responders and 60 hospital staff around 26 identified trauma hot spots around the state. We hope Project RASTHA piloted in Karnataka will be extended to the rest of the nation so that India will no longer be the global leader in accident related deaths.



THE TIMES OF INDIA

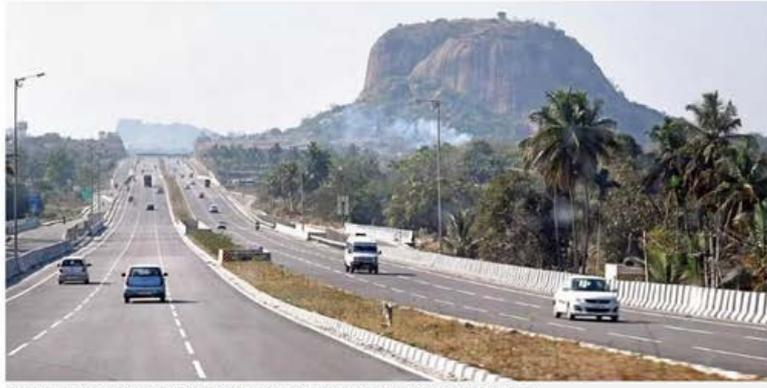
Karnataka to build army of trauma responders near highways



YOUR LIFE IS IN YOUR HELMET

Wear one, and give one to your Pillion.

Published: 10th March 2023 08:35 AM | Last Updated: 10th March 2023 08:35 AM



Bengaluru-Mysuru Expressway used for representational purpose only. (National Highway 275)

THE NEW INDIAN EXPRESS

Home > Cities > Bengaluru

Trained hands: 'Rastha' to save lives on Karnataka highways

Through the 'Rastha' initiative, each hotspot will have 160 skilled responders and 60 trained hospital staff.



3. Rajiv Gandhi University of Health Sciences and Jeeva Raksha are jointly organizing the Rasta (Rapid response, assessment, stabilisation and Safe Transport in Highway accidents) project. Anil Kumar T.K., Principal Secretary, Department of Health and Family Welfare, will inaugurate.

ANNUAL ROAD SAFETY BIKEATHON

JeevaRaksha's Annual Bikeathon is an eagerly anticipated event that brings together passionate motorcyclists, road safety advocates, and community members who share a common goal: Promoting road safety. This initiative, organized by JeevaRaksha Foundation, aims to raise awareness about safe biking practices and foster a culture of responsible road usage. Through a thrilling and impactful experience, the Bikeathon encourages participants and spectators alike to prioritize road safety and make a positive difference in their communities.

The 5th Annual JeevaRaksha Bikeathon was conducted on 19th and 20th November 2022. The event was flagged off from the Majestic Mysore Palace and continued its journey to Madikeri and Kushalanagara. It included flash mobs, awareness campaigns and many engaging activities with the following objectives:

Promoting Road Safety: JeevaRaksha's Annual Bikeathon serves as a platform to promote road safety in a dynamic and engaging manner. The event focuses on various aspects of safe biking, including proper helmet usage, obeying traffic rules, maintaining a safe distance from vehicles, and signaling intentions while riding. It encourages participants to develop a sense of responsibility for their own safety and the safety of others on the road.

Awareness Campaigns: In addition to the Bikeathon itself, JeevaRaksha Foundation organizes an extensive awareness campaign leading up to the event. This campaign includes educational workshops, public service announcements, social media campaigns, and collaborations with local schools and community organizations. The aim is to reach a wider audience and instill a sense of responsibility among both cyclists and motorists, emphasizing the importance of mutual respect and cooperation on the road.

Community Involvement: JeevaRaksha's Annual Bikeathon fosters a sense of community and collective action. Local businesses, government agencies, and non-profit organizations actively participate in the event. These include demonstrations on bicycle maintenance, safety gear distribution, and interactive activities designed to educate attendees about road safety practices.

Positive Impact: Over the years, JeevaRaksha's Annual Bikeathon has had a significant impact on promoting road safety and creating awareness within the community. Participants gain a deeper understanding of the importance of responsible biking and are inspired to implement safe practices in their daily lives. The event acts as a catalyst for change, encouraging individuals to become ambassadors of road safety in their respective neighborhoods and encouraging others to follow suit.

As JeevaRaksha's Annual Bikeathon continues to grow and make a positive impact year after year, it sets the stage for a safer future for cyclists and motorists alike. Through this remarkable event, the foundation's efforts to instill a culture of road safety, promote responsible biking practices, and emphasize the use of helmets reverberate beyond the Bikeathon itself, shaping the behaviors and attitudes of participants and inspiring positive change in the wider community. With each passing edition, the Bikeathon moves us closer to a society where road safety is paramount, and every individual can enjoy the pleasure of riding in a secure environment.



ANNUAL BIKEATHON 2022



INCREASES AWARENESS ON ROAD SAFETY



ENGAGES YOUTH
IN THE EVENT AND
PROMOTES SAFETY
BEHAVIOUR



CHILDREN WILL
LEARN EARLY WHY
ROAD SAFETY
IS CRUCIAL



EVENTS ATTENDED



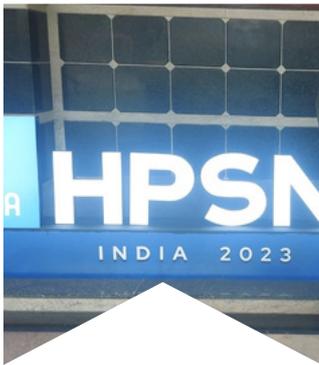
KASOGA Conference
KIMS, Hubli



Triaging & Trauma Care
for PATH,
West Fort Hotel



Human Patient Simulation
Network, VIMS&RC,
Bengaluru- March 2023



'Simulation in Medical
Education Programme'
AJ Simulation Centre



National Health Care Conference
on 'Clinical Skill Education'
FMCC, Mangaluru



TRUSTEE MEETING

10th Meet- August



11th Meet- March



EPOCH-MAKING

JeevaRaksha, a pioneering organization committed to revolutionizing emergency practices, is making a remarkable difference in healthcare systems globally. With a focus on training doctors, nurses, and first responders, JeevaRaksha's trainers are going beyond borders to extend its expertise to underdeveloped and developing nations around the world. By imparting crucial skills and knowledge, they are empowering healthcare professionals to save lives and enhance emergency care in their respective regions.

One of the notable initiatives spearheaded by JeevaRaksha is the RASTHA project. This groundbreaking endeavor centers on trauma care and life support, recognizing the pressing need for effective emergency response in critical situations. Through the RASTHA project, JeevaRaksha has established comprehensive training programs, equipping medical personnel with advanced techniques and protocols for handling trauma cases, aiming to minimize mortality rates and improve patient outcomes.

In pursuit of improving emergency practices, we also understand the significance of road safety. To address this critical concern, we have initiated the impactful Bikeathon campaign. The Bikeathon serves as a platform to raise awareness about road safety among the public and promote responsible behaviors on the roads. By organizing cycling events, advocacy campaigns, and community engagements, JeevaRaksha is actively working towards reducing road accidents and ensuring a safer environment for all. Furthermore, the Bikeathon campaign highlights their holistic approach, addressing road safety concerns and fostering a culture of responsible behavior.

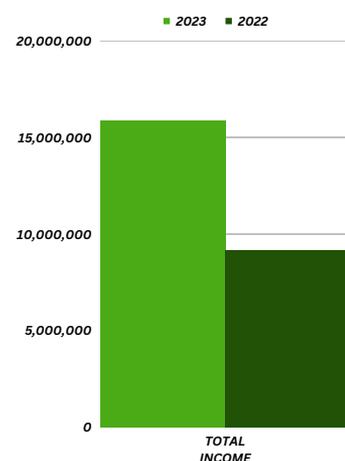
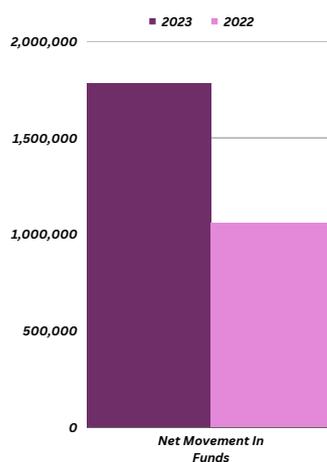
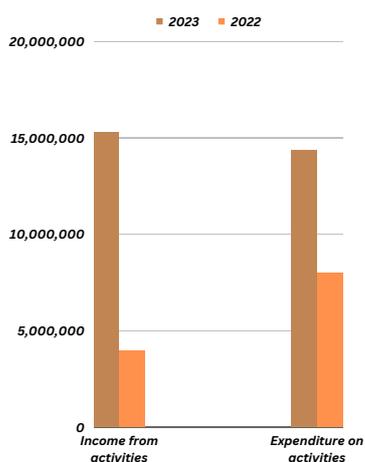
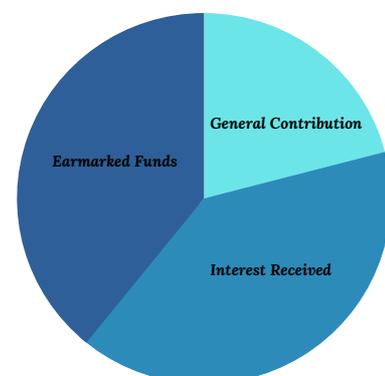
Our instructors' commitment to enhancing emergency practices extends beyond geographic boundaries, exemplifying our vision for a world where no life is lost due to inadequate emergency response. Recognizing the disparities in healthcare access and the urgent need for trained professionals, they have taken proactive steps to reach underdeveloped and developing nations. Through strategic collaborations and partnerships, we have established training centers, conducted workshops, and provided mentorship programs in regions where emergency care is lacking. By empowering local healthcare workers with the necessary skills, we are catalyzing a positive and sustainable impact on emergency care systems worldwide.

Through our global outreach initiatives, the instructors of JeevaRaksha are bridging the gap in emergency practices, particularly in underprivileged regions. By sharing expertise, resources, and training programs, they are empowering local healthcare systems to provide effective emergency care.

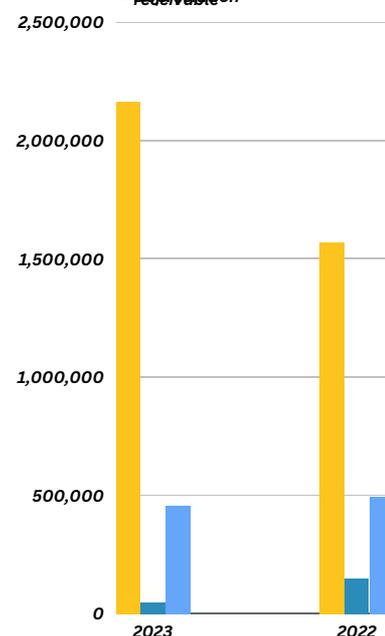
In conclusion, JeevaRaksha's unwavering dedication to improving emergency practices is making a profound difference in the healthcare landscape worldwide. Through training initiatives, such as the RASTHA project, and impactful campaigns like the Bikeathon, they are revolutionizing emergency care and fostering a culture of safety and responsibility. With their focus on reaching underdeveloped and developing nations, JeevaRaksha is actively working towards a future where lives are saved, and communities thrive through enhanced emergency practices.

FINANCIAL HIGHLIGHTS

INCOME	AS AT MARCH 31 2023	AS AT MARCH 31 2022
UNRESTRICTED		
General contribution	1,28,000	1,04,329
Income from activities	1,52,62,931	39,57,181
Interest received	2,43,458	2,35,612
Amount no longer payable	0	1020
RESTRICTED		
Earmarked funds	2,39,250	48,15,804
TOTAL	1,58,73,639	91,13,946



Operational expenditure
Amount no longer receivable
Depreciation



EXPENDITURE	AS AT MARCH 31 2023	AS AT MARCH 31 2022
Program expenditure	1,43,36,738	79,72,806
Operational expenditure	21,61,440	15,63,976
Amount no longer receivable	44,906	1,44,980
Depreciation	4,52,717	4,89,775
TOTAL	1,40,95,802	1,01,71,537
Net Movement In Funds	17,77,837	10,57,590

HR STATS

POSITION	APPROVED
CEO	1
Program Director	1
Director Administration	1
Zonal Manager	7
Documentation Officer	1
BCLS Trainer	4
ECLS Trainer	4
ENLS Trainer	5
Data Admin (Additional research work)	2
Office Manager Mysore	1
Office Manager Blr	1
Office Assistant	1
ECLS Coordinator	1
ENLS Coordinator	1
BCLS Coordinator	1
Driver	2
Housekeeping	2
TOTAL	36



MEET THE TEAM



Dr. Ram K Nair



Dr Haripriya



Col. Dr Jayanth
Risbud



Dr Yogesh



Gincy Joseph



Dr Deepukrishna C



Dr. Megharaj
Doddagoudar



Sathyaraj S



Dr Satish S Patil



Dr. Rekha
Shanmukha



Dinesh Pai



K Nagendra
Prasad



Dr Shravya A



Dr Shivaprasad



Asha N

CHIEF PATRON



Dr. M K Ramesh
VC- RGUHS

TRUSTEES



Dr.(Flt Lt).M.A.Balasubramanya
Advisor-Ministry of Health &
Family Welfare, GOI.
Managing Trustee JRT



Dr. Vijayabhaskar Reddy K
Associate Professor at the
University of Utah



Ravi Kumar
Registrar, RGUHS



Mahendra B J
DCD, RGUHS



Dr. Kumar G S
CEO, SVYM



Dr Ravindranath Shroff
Trustee, JeevaRaksha Trust



Dr Rajashekhar Reddy
Trustee, JeevaRaksha Trust



MEDIA WALL

PROJECT RASTHA



Home » Cities » Bengaluru

Trained hands: 'Rastha' to save lives on Karnataka highways

Through the 'Rastha' initiative, each hotspot will have 160 skilled responders and 60 trained hospital staff.

Published: 10th March 2023 08:35 AM | Last Updated: 10th March 2023 08:35 AM



Bengaluru-Mysuru Expressway used for representational purpose only. (National Highway 275)



Karnataka govt and JeevaRaksha launch RASTHA to train trauma responders in state's accident hotspots

The accident hotspots were identified in Mysuru, Hubli-Dharwad, Tumkuru, Mangaluru, Davangere, Belagavi, Gulbarga, Bellary and Mandya.

By: Express News Service
Bengaluru | March 9, 2023 20:21 IST



According to the health officials, the aim of the initiative is to train responders in managing polytrauma victims. (Express Photo)

THE TIMES OF INDIA

Karnataka may soon have network of emergency care providers

TNN / Updated: Jul 27, 2022, 08:39 IST



The health department and JeevaRaksha Trust offer training for nurses at Arogya Southa in Bengaluru

THE TIMES OF INDIA

Karnataka to build army of trauma responders near highways

NIRANJAN KAGGERE / TNN / Updated: Mar 10, 2023, 04:51 IST



YOUR LIFE IS IN YOUR HELMET

Wear one, and give one to your Pillion.

Dr Ram K Nair, CEO of RGHUS-JeevaRaksha, and health workers conduct a demo on how first responders should proceed after coming across an accident victim

ಈ ಸಂಜೆ



ಬೆಂಗಳೂರು ಗೋವಿಲ್ ಇನ್‌ಸ್ಟಿಟ್ಯೂಟ್ ಆಫ್ ಮೆಡಿಕಲ್ ಸೈನ್ಸ್ ವತಿಯಿಂದ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಜೀವರಕ್ಷಾಕರ್ತೃ ಕುರಿತ ಕಾರ್ಯಾಗಾರದಲ್ಲಿ ನಿರ್ದೇಶಕ ಡಾ.ಜಜಯಂತ್ ಲಿಪ್ಪಾ, ಡಾ. ಪ್ರಿಯಾಂಕ, ಡಾ.ವಿವಿ ಬಾಲಸುಬ್ರಹ್ಮಣ್ಯ, ಡಾ.ವಿವಿನ್ ಮಹಾಲಕ್ಷ್ಮಿ ಸೇರಿದಂತೆ ಹಲವು ಗಣ್ಯರು ಪಾಲ್ಗೊಂಡಿದ್ದರು



3. Rajiv Gandhi University of Health Sciences and Jeeva Raksha are jointly organizing the Rasta (Rapid response, assessment, stabilisation and Safe Transport in Highway accidents) project. Anil Kumar T.K., Principal Secretary, Department of Health and Family Welfare, will inaugurate.

Jeeva Raksha Trust trains home guards on emergency life support
Copyright: Sanyal / TNN / Updated: Aug 22, 2022, 09:07 IST

THE TIMES OF INDIA



ಜೀವನ ಬಿಂಬಲದ ಕುರಿತು ತರಬೇತಿ ಕಾರ್ಯಾಗಾರ ನಡೆಯಿತು.

ಕುಂಬಳಾಸನ, ಎ.ಜಿ. ಸ್ಕಾಲ್ ಆಂಡ್ ಸಿಮ್ಯುಲೇಶನ್ ಸೆಂಟರ್‌ನಲ್ಲಿ ಲಕ್ಷ್ಮಿ ಮೆಮೋರಿಯಲ್ ಕಾಲೇಜ್ ಆಫ್ ನರ್ಸಿಂಗ್ ಮತ್ತು ಜೀವರಕ್ಷಾ ಆಲ್ ಜಿಯುಎಚ್‌ಎಸ್ ವತಿಯಿಂದ ಕುರ್ತು ರುಂಡಿಡೆ ಮತ್ತು ಜೀವನ ಬೆಂಬಲದ ಕುರಿತು ತರಬೇತುಕಾರರಿಗೆ ತರಬೇತಿ ಕಾರ್ಯಾಗಾರವನ್ನು ಇತ್ತೀಚೆಗೆ ಆಯೋಜಿಸಲಾಗಿದೆ.
ಫರ್ವ್, ಅನಿತ, ಮತ್ತು ಅನತ್ತಿಯ ಸೆಟ್ಪಿಂಗ್‌ಗಳಲ್ಲಿ ಯಾವುದೇ ಕುರ್ತು ಪ್ರಸ್ತುತಿಗಳನ್ನು ನಿರ್ವಹಿಸಲು ನರ್ಸಿಂಗ್ ಪದವೀಧರರು, ಸ್ನಾತಕೋತ್ತರ ಪದವೀಧರರಿಗೆ ತರಬೇತಿ ನೀಡುವ ಉದ್ದೇಶದಿಂದ ಕಾರ್ಯಕ್ರಮ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದೆ. ವಿವಿಧ ಕಾಲೇಜುಗಳಿಂದ 23 ನರ್ಸಿಂಗ್ ಆಫೀಸರ್, ಪ್ರದಯ ಸಂಬಂಧಿತ, ಕುರ್ತು ಸುಟ್ಟಗಾಯ, ಪ್ರಸೂತಿ, ನವಜಾತ ಕುರ್ತು, ಮನೋವೈದ್ಯಕೀಯ ಕುರ್ತು ಸೃಷ್ಟಿ, ವಿಷ ಮತ್ತು ಪ್ರಾಣಿಗಳ ಕಡಿತದ ಆಫೀಸರಿನ ವೈದ್ಯಾಜ್ ಕುರ್ತು ಚಿಕಿತ್ಸೆ ಹಾಗೂ ಸಂವಹನ ಮಾಡ್ಲೂ ಬಗ್ಗೆ ತರಬೇತಿ ನೀಡಲಾಯಿತು.

ಶುಕ್ರವಾರ ಶುಕ್ರವಾಷೆ ತರಬೇತಿ ಕಾರ್ಯಾಗಾರ

MAKE A DIFFERENCE



₹1000 to sponsor a citizen volunteer for BCLS course



₹15,000 to sponsor a CPR Training Mannequin



₹12,000 to sponsor a 'Baby Choking' Trainer



₹15,000 to sponsor an AED Trainer



₹5000 to sponsor Mobile Training Unit visit to a rural community



₹25,000 to sponsor BCLS Course for 25 school teachers

Account Name : JEEVARAKSHA TRUST
Account No. : 0471101039026
Bank Name: Canara Bank
Bank Address: Canara Bank 415,
16th Main, 35th Cross Jayanagar 4th T
Block, Bengaluru, Karnataka, 560011
IFSC : CNRB0000471
MICR : 560015027

To Donate
Send Cheque/Demand Draft to -
JeevaRaksha Trust
570,12th A Cross, 8th main Road, J P
Nagara 2nd Phase, Bengaluru - 560078,
Karnataka, India.

- JeevaRaksha trust is registered under Societies act as BNG(U)JNR 262/2019-20/BK
- Registered Number under Indian Income tax act- AADTJ3609H

**MSSV & Co. Chartered Accountants,
Head Office:**

No.63/2, 2nd Floor, Railway parallel Road,
Above Canara Bank, Kumara Park West,
Bangalore - 560020

Ph:23565065/ 23565068

Branch Office:

No.58, 4th Floor, Railway parallel Road,
Kumara Park West, Bangalore - 560020

Ph: 23469251/ 23469252

Donations made to JeevaRaksha Trust in India are exempt from Income Tax under Sec. 80(G)



ENGAGE WITH US

JeevaRaksha
Saving Lives, Assuring Care

CONTACT

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-  team@jeevaraksha.org
-  jeevaraksha.org

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ADDRESS

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496, 11th Cross Road, 8th Main Rd, 2nd Phase J. P. Nagar, Bengaluru- 560078, Karnataka, India Phone Office: +91 6363 910 978

Mysuru Center

#1A, KRS Road, Next to Mandovi Motors, Mysuru- 570005, Karnataka, India Phone Mr. Sathyaraj: +91 9964 225 373

